

The Vitamin Guy

By Dr. Anomaly ([original post](#))

Thin, nervous, and always harried-looking, the Vitamin Guy is always eager to tell you about the Disease of the Week, and what you need to do to avoid it. "What you need to do" always includes a fistful of various vitamin tablets and mineral supplements. The Vitamin Guy doesn't seem convinced that he has the diseases or ailments or conditions he talks about - he's not a 'normal' hypochondriact - but he's always taking the precautions against them, swallowing supplements and tablets by the handful...*literally*. Between the amount of tablets and capsules he swallows, and the water, fruit juice, or wheat grass liquid mulch he uses to wash them down, there's probably no way he could fit any actual *food* into his stomach.

If deprived of his vitamins for any reason, he becomes a bit hysterical and can exhibit surprising strength in getting them back from whoever took them away from him. If he drops any he'll scabble after them madly, knocking over chairs, tables, and other residents if necessary and apparently not noticing or caring that he's doing it. If he can't retrieve the capsule or tablet for some reason - maybe it fell through a heating vent in the floor - he'll swallow what he has *en masse* and then rush off to his room to obtain a replacement for the lost one.

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